

## Sermon Notes for Sunday February 15

### MVP Part VII: Helping you open God's Invitation to Joy in a World of Pain Ps 37:1-9 Hood

Would you receive God's Invitation to Joy? Here's God's joy plan for my life in 5 stages ....

1. \_\_\_\_\_ to be \_\_\_\_\_ v1,2,8,9
  - a. into anxiety and annoyance over evil people v1a,8
  - b. into envy of those who flaunt doing wrong v1b
  - c. by setting up guard rails and boundaries v1,8
  - d. by paying attention to \_\_\_\_\_ v2,9
    - i. How have negative emotions impeded your joy ?
2. Put yourself in the right \_\_\_\_\_ v3
  - a. replace envy with a disposition of trust in the Lord v3a
  - b. move from what's wrong to active goodness v3a
  - c. dwell in security, enjoy provision and protection v3b
3. \_\_\_\_\_ Delight in the Lord v4
  - a. \_\_\_\_\_ the wrong reasons- performance to rules, box to check, parent guilt
  - b. in the \_\_\_\_\_
    - i. Who or what has most of your attention?
    - ii. spend time with the Lord in relationship, listening and praying
  - c. in delight you have motivation and fulfillment which grows our relationship
  - d. find your joy in Him- His presence in giving and meeting desires
    - i. Can any human relationship meet all the desires of your heart?

4. \_\_\_\_\_ in Joy v5,6
  - a. with commitment and trust v5 I Pet 5:7
    - i. no man will \_\_\_\_\_ his way to God, who does not delight in Him
  - b. leaning on His promises v5b,6
5. \_\_\_\_\_ to Joy v7-9 (resign and rely)
  - a. make time to experience God v7a
  - b. slow my inner pace v7b
  - c. relax instead of react v7c,8
    - i. What's the shocking result of fretting v8b
  - d. \_\_\_\_\_ the outcomes of the wicked v9,10,17,20 used 14 times
    - i. there's no sustainable delight

Having extended God's invitation to joy, will you accept the invitation and take delight in the Lord?

When we take delight in the Lord, He gives us the desires of our heart along with the capacity for even more joy.

Having realized only the Lord can give you the desires of your heart, will you give Him your heart?

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