

Personal Prayer Profile

A Confidential Inventory
of My Prayer Life

1-The PRIORITY of prayer in my life:

Do I have a regular time set aside for prayer each day? Yes No

Do I spend time each day in prayer? Yes No

How many times each week do I take time specifically to pray?

Do I struggle to find time—or take time for prayer? Yes No

How would I describe my prayer life? Disciplined Difficult
Determined Disorganized Duty Diligent

2-The PATTERN of my prayer life:

Do I speak to God in a “speaking to God voice?” Yes No

Are my prayers primarily focused on my own needs? Yes No

Do I pray for ministry opportunities? Yes No

Do I pray for specific people who need to become followers of Christ?
Yes No

Do I pray for God to be honored & glorified in my life? Yes No

Do I maintain a prayer list? Yes No

—or a prayer journal? Yes No

3-My PERSPECTIVE of prayer:

Do I pray because I believe in the power of prayer? Yes No

—or because it’s what I’m supposed to do? Yes No

Am I comfortable praying with other people? Yes No

Am I comfortable praying in a restaurant? Yes No

Do I ever pray in order to impress other people? Yes No

Do I see prayer as a “good-luck charm?” Yes No

Am I encouraged about my prayer life? Yes No

—or discouraged? Yes No

4-The PARTICULARS of my prayer life:

Do I have a prayer partner with whom I pray frequently? Yes No

Do I pray with a family member or my spouse often? Yes No

Do I “watch” for prayer requests? (Am I observant?) Yes No

—or “wait” for prayer requests to come my way? Yes No